

St. Edwards CDC Summer Newsletter

Reminders:

We are closed Thursday, July 4th. We will resume normal hours on Friday, July 5th.

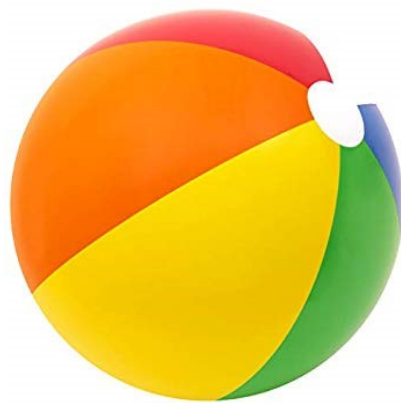


Weather Policy Reminder:

* During the summer our weather policy states that we will take the children outdoors as long as the temperatures doesn't go above 90 degrees. If it goes above 90 degrees, then the children will remain indoors.

School Age Summer Camp

We have been off to a great start with our school age summer camp!! We have so many exciting things planned this summer. We have: 3 Workshops from the Kohls Building Block Center, Young Rembrandts Art Workshop, Farmers Market, Kona Ice,



St. Jude's Trike-A-Thon, a trip to Texas Roadhouse (behind the scenes tour), Mad Science Slime Show, Habitat for Humanity to make/paint flower boxes, Alpaca Art, R.A.M on Wheels, Focus on Community to do service projects, Fire Smoke House, Black Belt Studio Workshop, 5 Series Workshop with Amazing Athletes, a field trip to Bernie's Pizza, a trip to Larsen's Bakery, a trip to the Movies, a trip to the Woof (behind the scenes tour), a visit from Woof Gang Rescue, and an end of the summer field trip to Riverbend Nature Center!!!

So far the kids are having a blast!! We can't wait for the rest of our summer adventures! They will have an end of the summer blow out / cook out on August 22nd.

St. Jude Trike-A-Thon

Please sponsor your child and donate to St. Jude's. We are having a Trike-A-Thon on June 28th starting at 10:00 am. The children can ask family and friends to sponsor them. On that Friday you child can bring a bike, or scooter and helmet to use in the courtyard.

If you child does not come that day, it's okay you can still come and stop by with your child to participate in the event. We currently have raised \$50 for St. Jude's.

See Ms. Becca for any questions.

Summer is Here!!!

Reminder:

School Age
Summer Camp
-only-
is closed on
Friday,
August 23rd.



Donations:

- Extra Swimsuits
- Magnifying Glasses
- Games
- Toys
- Dress Up Clothes
- Outdoor Equipment

Summer is finally here, so here are a few reminders:

Sunscreen—please remember to bring in lotion only sunscreen for your child. No spray lotion will be allowed. Please label it with your child's name and fill out the permission slip to go along with it. We ask that if you are able to, please apply the first coat of sunscreen prior to coming to school that day.

Shoes- tennis shoes, closed-toe sandals are required. Please do not send your child in flip flops, as they are not safe and can cause injuries during play.

Clothes— all the classrooms get out a couple times everyday. Please send your child in weather appropriate clothing. Also, please leave weather appropriate extra clothes in your child's cubby—and don't forget to label! The classrooms also do water play, so please either bring a suit and towel to school with you or leave one here to stay at the center.

Water Bottles—Every child must have a water bottle here to stay in their classroom. We use these when we go outside to play and we want to keep everyone nice and hydrated!

Importance of Outside Play

Why does outside play matter? - Outdoor Play is good for children!! The benefits of outdoor play are huge!!

- Increasing physical activity.
- Increased Vitamin D levels
- Reducing anxiety and improving moods.
- Enhances imaginative and creative play
- Promotes problem solving and leadership skills
 - Developing stronger immune system
- Growing the next generation of stewards for the earth.
- Decreases: Obesity, Type II diabetes, depression, high cholesterol, high blood pressure, and A.D.D.